# WATERSIDE MEDICAL CENTRE

## Surgery Newsletter - June 2026

### PRACTICE WEBSITE

Please take a look at our fantastic practice website:

**www.watersidemc.nhs.uk**

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!




## Carers Week 8th-14th June 2026

Carers Awareness Week is an opportunity to recognise and celebrate the vital contribution carers make every day to support family members, friends, and neighbours. Many carers balance their caring responsibilities alongside work, family life, and their own health needs, often without recognising themselves as carers.

At our practice, we are committed to supporting carers and helping them access the advice, services, and support available to them. If you are looking after someone who could not manage without your help due to illness, disability, mental health difficulties, or frailty, you may be a carer.

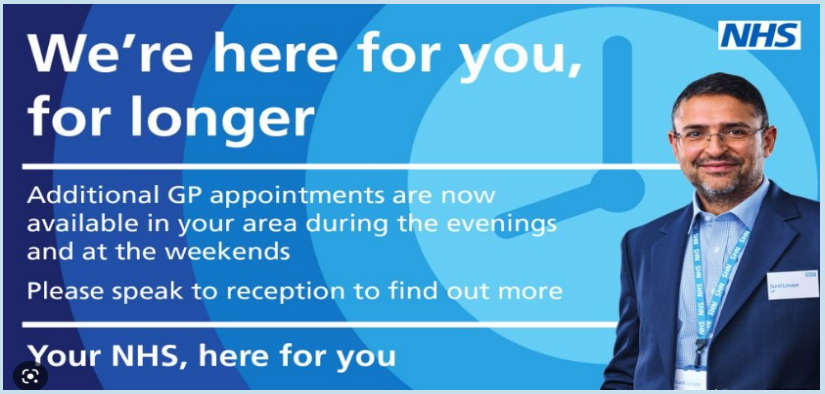
We encourage carers to let the practice know so we can update your medical record and ensure you are aware of the support available, such as signposting to local carers' organisations and wellbeing services.

If you think you may be a carer, or would like more information about support services, please speak to a member of our team.

## Waterside Medical Centre is an Enhanced Access Hub

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington Primary Care Network. This hub offers **a mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments** available for you to **utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm).** If you need an appointment outside of normal hours, please **ask a receptionist** who would be happy to support you with booking an **EA appointment which suits you and your availability**.



# Diabetes Week 2026

This Diabetes Awareness Week, we are supporting the campaign to "Strike Out Stigma" and encourage more understanding about what it means to live with diabetes.

DIABETES WEEK
8–14 June 2026

Many people living with diabetes experience judgement, blame, or misconceptions about their condition. Research shows that 8 out of 10 people with diabetes have faced negative attitudes or comments because of their diagnosis.

At our practice, we are committed to supporting patients living with diabetes through regular reviews, education, lifestyle advice, and access to specialist services when needed. If you would like advice about diabetes, support with managing your condition, or information about reducing your risk, please contact the practice and speak with a member of our healthcare team.

## Recent Patient Feedback

> All staff are very friendly, patient and considerate.

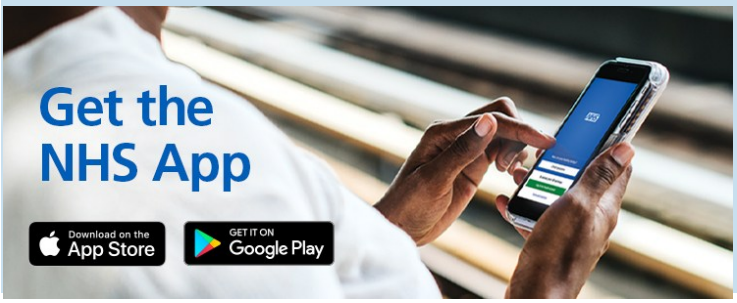
## Staff Training Dates for 2026

Please be aware that practices across South Warwickshire will be **closed** from **12:30pm on the following dates** for important staff training:

**17th June**
**23rd September**
**15th October**
**26th November**



**Out of hours information will be available on our phone system.**




## We Value your Feedback!

The team at Waterside Medical Centre work very hard to provide a **high quality** and **responsive** service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.

admin@watersidemc.nhs.uk

@LeamingtonGPs

www.facebook.com/WatersideMedicalCentre

01926 428321

**Comments cards** are available in reception and we have a patient participation group who meet regularly.

## Useful Contact Numbers

| | |
|---|---|
| Out of Hours Service | 111 |
| NHS Direct 24/7 | 111 |
| Mental Health Helpline | 0800 161 171 |
| Warwick Hospital | 01926 495321 |
| UHCW Hospital | 02476 964000 |
| Ambulance Transport | 01926 310312 |
| District Nurses | 0845 608 0275 |