WATERSIDE MEDICAL CENTRE

Surgery Newsletter - May 2026

PRACTICE WEBSITE

Please take a look at our fantastic practice website:

www.watersidemc.nhs.uk

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!



Mental Health Awareness Week—11-17th May 2026

This Mental Health Awareness Week, we'd like to remind all our patients that mental health is just as important as physical health. It's normal to experience ups and downs, but if you're feeling persistently low, anxious, overwhelmed, or struggling to cope, support is available—and you don't have to face it alone.

Small steps can make a meaningful difference: staying connected with others, maintaining a routine, getting outside for fresh air, and taking time to rest can all support your wellbeing. However, if things feel more difficult, our team is here to help.

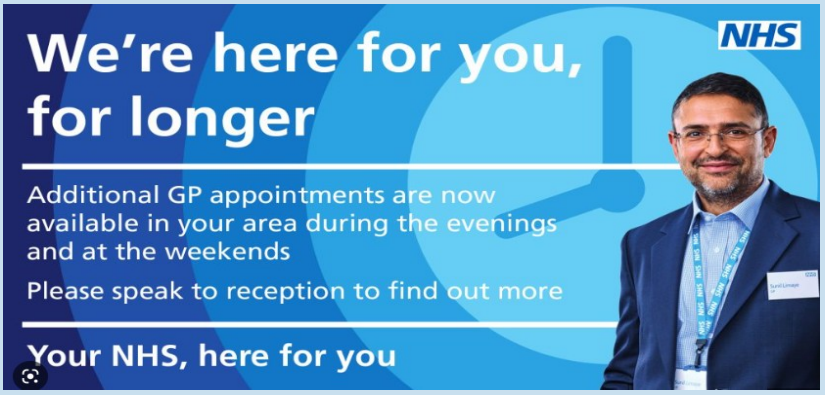
You can contact the practice to speak with a GP or other member of our healthcare team about your mental health. We can offer advice, discuss treatment options, and signpost you to local support services.



Waterside Medical Centre is an Enhanced Access Hub

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington Primary Care Network. This hub offers **a mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments** available for you to **utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm).** If you need an appointment outside of normal hours, please **ask a receptionist** who would be happy to support you with booking an **EA appointment which suits you and your availability**.





REMINDER BANK HOLIDAYS

Waterside will be closed on Monday 4th May and Monday 25th May 2026

Please call 111 if you need any medical attention whilst we are closed



Recent patient feedback

> I've been with this practice for about six years. The doctors, nurses, and receptionists are always professional and courteous. My concerns are never dismissed, and I always feel genuinely listened to.

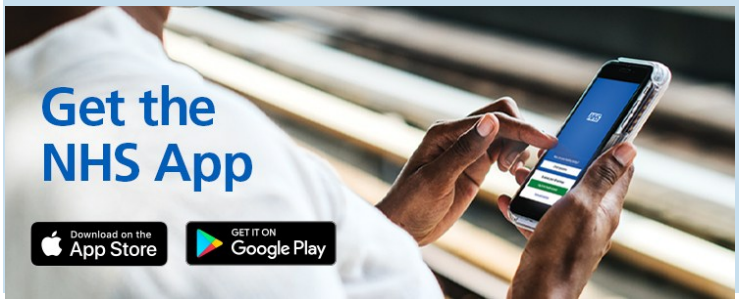
Staff Training Dates for 2026

Please be aware that practices across South Warwickshire will be **closed** from **12:30pm on the following dates** for important staff training:

21st May
17th June
23rd September
15th October
26th November



Out of hours information will be available on our phone system.



We Value your Feedback!

The team at Waterside Medical Centre work very hard to provide a **high quality** and **responsive** service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.

admin@watersidemc.nhs.uk

@LeamingtonGPs

www.facebook.com/WatersideMedicalCentre

01926 428321

Comments cards are available in reception and we have a patient participation group who meet regularly.

Useful Contact Numbers

Out of Hours Service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 161 171
Warwick Hospital	01926 495321
UHCW Hospital	02476 964000
Ambulance Transport	01926 310312
District Nurses	0845 608 0275