WATERSIDE MEDICAL CENTRE

Surgery Newsletter - April 2026

PRACTICE WEBSITE

Please take a look at our fantastic practice website:

www.watersidemc.nhs.uk

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!



Stress awareness month

Every April, Stress Awareness Month shines a spotlight on an issue that affects us all at some point in our lives—stress.

Each year, Stress Awareness Month adopts a theme to guide its message and activities. These themes offer simple, relatable ways for people to reflect on their wellbeing and make positive changes

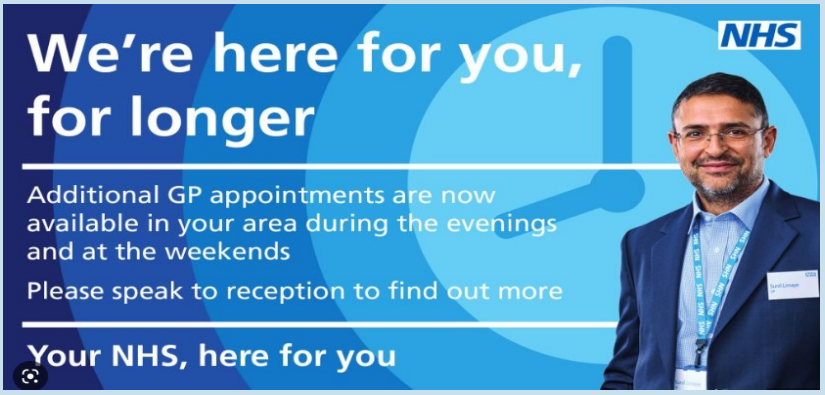
As a practice, we encourage our patients to use Stress Awareness Month as an opportunity to check in with themselves and consider small changes that could support their wellbeing. If you are feeling overwhelmed or struggling to cope, please remember that support is available—don't hesitate to reach out to a member of our team.



Waterside Medical Centre is an Enhanced Access Hub

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington Primary Care Network. This hub offers **a mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments** available for you to **utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm).** If you need an appointment outside of normal hours, please **ask a receptionist** who would be happy to support you with booking an **EA appointment which suits you and your availability**.





REMINDER BANK HOLIDAYS

Waterside will be closed on
Friday 3rd April and Monday
6th April 2026
Please call 111 if you need any
medical attention whilst we are
closed

Recent patient feedback

I always receive prompt attention. The reception staff do their utmost to find me a convenient appointment and Dr Thaker acts swiftly to provide the best advice and necessary care to support my health

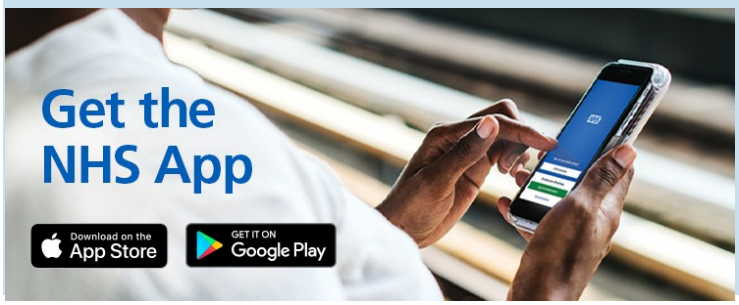
Staff Training Dates for 2026

Please be aware that practices across South Warwickshire will be **closed** from **12:30pm on the following dates** for important staff training:

29th April
21st May
17th June
23rd September
15th October
26th November



Out of hours information will be available on our phone system.



We Value your Feedback!

The team at Waterside Medical Centre work very hard to provide a **high quality** and **responsive** service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.

admin@watersidemc.nhs.uk

@LeamingtonGPs

www.facebook.com/WatersideMedicalCentre

01926 428321

Comments cards are available in reception and we have a patient participation group who meet regularly.

Useful Contact Numbers

Out of Hours Service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 161 171
Warwick Hospital	01926 495321
UHCW Hospital	02476 964000
Ambulance Transport	01926 310312
District Nurses	0845 608 0275